X-TEAM®

CASE STUDY | xfive

# Training xfive to Ship 35% Faster with Claude Code

**Company** xfive

**Industry** Digital Consultancy

**Headquarters** Krakow, Poland

**Project Start** August 2026

## Project Summary

xfive, a digital consultancy in Krakow, partnered with X-Team for a five-day intensive on the effective use of Claude Code. The training moved xfive's developer team from using Claude Code as an interactive assistant to running it autonomously with guardrails in place. xfive reports a 35% improvement in delivery speed, with no loss of quality.

## Client

xfive builds software and is extending into AI consultancy, which requires developers who are both AI-competent and formally certified.

## Challenge

xfive had been working with AI coding tools for close to a year, with adoption actively encouraged across the company. At the start of 2026 that usage was pulled into something more coordinated and unified, and Claude Code became the tool the team relied on most. What xfive did not have was formal training. The team worked without shared conventions, without guardrails, and without a clear view of how Claude Code was reading their files. They were getting real value from it as an assistant, but could not get past that ceiling. Verifying what they already knew, and moving beyond it, called for outside expertise.

## Services

xfive selected Anthropic as its AI tool of choice, then looked for a training provider to match. X-Team brought deeper experience with AI tooling and Anthropic's products specifically, the formal training capability xfive did not have in-house, and a cultural fit with their developers that weighed as heavily as the credentials.

The five-day program built day on day:

- LLM and agentic-loop fundamentals; session, task and branching management
- Context management, the CLAUDE.md loading hierarchy, scoped rules and custom skills
- Hooks, sub-agents and multi-agent workflows
- MCP, autonomous routines, headless mode and per-task model selection
- OpenTelemetry observability, the Anthropic API and the Claude Agent SDK

## Results

### Faster Delivery Without the Quality Trade-off

xfive measures effectiveness against quality, and the risk going in was that speed would come at quality's expense. It did not. In the weeks following the five-day program, xfive reported a 35% improvement in delivery speed with no negative impact on quality, and, by their own assessment, quality improved.

Task-level gains were sharper still. Work that previously took 40–50 hours is now completed in 10–15 hours, which has also cut the time xfive spends scoping and estimating it.

### From Assistant to Autonomous, With Guardrails

The sharpest change is in how the developer team works. Hooks and telemetry were not part of their workflow before the training; both are now. With hooks constraining what the agent is permitted to do, the team is comfortable letting Claude Code run autonomously, through routines and in headless mode, rather than supervising every step. Conventions and architecture facts now live in CLAUDE.md, applied at the right level through scoped rules.

> **"The advanced use of the AI model has significantly improved our delivery speed by 35% without any negative impact on quality. In fact, we've noticed that our quality has even improved."**
>
> Milosz Bazela CEO, xfive

### A Shared Baseline Across the Team

The program left xfive's developers with a common set of tools, techniques and knowledge to work from. That narrowed the distance between the developers already confident with AI and those less familiar with it, and made it easier for the team to support each other. xfive treats continued training as an ongoing investment for exactly that reason: the tooling moves quickly, and a shared baseline is what keeps the whole team moving with it.